

# January 2023

## WHAT'S ON IN THE CENTRAL AREA?

THIS MONTH: EVENTS

**Barnsley Carers' Service: Men's Lunch Club** on January 10th and January 24th. 12-1.30pm at Barnsley YMCA. Please contact 01226 288772

**Barnsley Carers' Service: Volunteer Meet-Up** for current volunteers and those interested in volunteering. 12-2pm at Shaw Lane Cricket Club.. Please contact: 01226 288772

**Wednesday 11th January:** Refugee Council Women's group- Energy saving session by CAB. 10.00am at Hope House. For refugees, asylum seekers and migrants.

Please contact Christina:  
[Christina.grant@refugeecouncil.org.uk](mailto:Christina.grant@refugeecouncil.org.uk)

**Upcoming: 6th February- 13h March:** ELSH : free online Basics course from 10-12. Please contact in January to book on: 01226 643249



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## WHAT'S ON IN THE CENTRAL AREA?

THIS MONTH: EVENTS

**FREE 10 week Work-Skills course for Women and Girls:**  
**Starts 12th January** Gamechanger and Reds in the  
Community at Shaw Lane Sports Club, S70 6HZ  
Please contact Fiona to book: 07341265319

**Wednesday 4th January: Adult and Community  
Learning Enrolment Day:** 9.30-4pm drop in at Level 2,  
Wellington House

**Wednesday 4th January and Friday 6th January: ESOL  
enrolment** from 1.00pm-3.30pm at Wellington House

**Wednesday 18th January: Talk about 'Igloo':** a coming  
of Age story aimed at young adults/ adults by author Jennifer  
Burkinshaw. 4.40-5.30 pm at the Lightbox Library

**Monday 23rd January:** Author Peter Bradley- 'The Last  
Train: a history of the Final Solution' from 2pm-3pm at the  
Lightbox Library as part of Holocaust Memorial Day



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## WHAT'S ON IN THE CENTRAL AREA?

THIS MONTH: EVENTS

**Thursday 26th January:** talks with Lucy Adlington from 6-7 at the Lightbox Library History of Fashion and the Holocaust. please book via Library website

**Friday 6th January for 10 weeks:** Tai Chi at Beacon South Yorkshire for unpaid carers. FREE! Please contact: 01226 814012 or [info@baconsy.org.uk](mailto:info@baconsy.org.uk)

**Barnsley Museums: Worsbrough Reed Bed Conservation: Tuesday 17th January and Wednesday 18th January** from 9.30am- 3pm. Please contact to book on and for further details: [museumvolunteering@barnsley.gov.uk](mailto:museumvolunteering@barnsley.gov.uk)

**Monday 16th January: Winter Warmer/ More Money in Your Pocket event** at the Church of St.Peter the Apostle and St. James the Baptist, Brinkman Street, Measbrough Dyke from 10.30am-2pm. Come along to find ways of saving money and keeping warmer! Free refreshments and stalls.



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## WHAT'S ON IN THE CENTRAL AREA?

REOCCURRING DATES:

*Magical Mondays!*

### Children and Young People

**YMCA:** Parent and Toddler group 9.30-11.30 term time at Barnsley YMCA ( closed for Christmas after 16th December)

**YMCA:** TYI Monday- youth club activities for children and young people with SEND@ YMCA Barnsley as part of TYS Short Breaks. Referral only through the short Breaks panel.

Contact: PaulaTM@barnsley.gov.uk

4.00pm- 6.00pm: 8-11 years

6.30-8.30:11-19's

( Closed for Christmas after 16th December)

**Youth Association:** 1.00-2.30pm- activities for young people at Doncaster Road Park

6.00-7.30pm: activities for young people at Kendray

**Exodus Project:** 5.30-7.00- Bank End Kidz Club for 8-11's at Jenny's Field

7.30-9.00- Rock Solid Club for 11-15s at Bank end Primary

Contact Exodus Project for details-

theexodusproject@msn.com



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## WHAT'S ON IN THE CENTRAL AREA?

### REOCCURRING DATES:

#### *Magical Mondays continued*

**H.O.M.E: Mindful Mondays:** for young people aged 11-15 from 4-6pm at the Hub (above YMCA)

**Youth Association:** Informal football. FREE for young people aged 16-19 from 5-7pm at Birk Avenue Park, Kendray. Please contact: Gareth on 01226 211333 or [Gareth.Cooke@barnsleyfc.co.uk](mailto:Gareth.Cooke@barnsleyfc.co.uk)

### Adults

**Age UK Men in Sheds:** Queens Road, Contact Tina on 01226 776820

**Barnsley Metrodome: 202020 for age 50+**- 20 mins cardio, stretch, core etc): 10.30-11.30 at Metrodome. Booking essential. Contact 01226 730060

**Litter and Laughter:** Litter pick, walk and food! Please contact Craig for details: [craigaubrey@barnsley.gov.uk](mailto:craigaubrey@barnsley.gov.uk)

**Butterflies:** 1.00-- 3.30pm: Music Afternoon for those with dementia and their families. Boatman's Rest. Contact Julie on 07545 815513

+ Once a month: :Lunch Club: Boatman's Rest- booking required



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## WHAT'S ON IN THE CENTRAL AREA?

REOCCURRING DATES:

### *Magical Mondays continued*

#### Adults

**Reds in the Community:** Multi-sports activities from 10-11 am at Lavender Court for over 55's. Please contact Gareth on 01226 211333 or [Gareth.cooke@barnsleyfc.co.uk](mailto:Gareth.cooke@barnsleyfc.co.uk)

**Reds Connect Walking Football** at Indoor Training Centre, S71 1ET. Contact Sean on 01226 21333 or [Sean.margison@barnsleyfc.co.uk](mailto:Sean.margison@barnsleyfc.co.uk)

**Reds in the Community: football at Sives Community Sports Club,** Kendray: 1.00pm-2.00pm. Free to central residents. Contact Dean to book: 07783 649193

**Buckley Methodist Ladies Group:** 1.30pm at Buckley Methodist Church, S70 1JN. Please contact Ben for details on 01226 733285 or [ben.scrivens@methodist.org](mailto:ben.scrivens@methodist.org)

**Creative Recovery: 11.30-2.30 The Studio Collective:** hub for people to develop their own artwork Contact Helen on 07833 936019

**Healthy Minds: Supporting Women's Mental Health:** low intensity multi-sport activity session for women and girls aged 16+. 7.00-8.30. Free! Barnsley FC Indoor Centre. Contact: [lynn.goodman@barnsleyfc.co.uk](mailto:lynn.goodman@barnsleyfc.co.uk)



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## WHAT'S ON IN THE CENTRAL AREA?

REOCCURRING DATES:

### *Magical Mondays continued*

#### Adults

**Sporting Memories:** 2-3.30pm at Lavender Court.  
FREE. Please contact Gareth on 01226 211333 or  
Gareth.Cooke:barnsleyfc.co.uk

**Healthy Minds:** Indoor Training Centre, S71 1ET for females  
aged 16+. FREE. 7-8.30pm Please contact Lynn on 01226  
211333 or Lynn.Goodman@barnsleyfc.co.uk

**Andy Man's Club:** 7.00pm It's OK to Talk- peer support group  
at the Lightbox Library from 7.00pm

**Shaw Lane Foundation:** Barnsley Harriers Walk 2 Run: 6pm  
Contact Fiona to book:  
07341 265319

**Hope in the Community Listening Service:** Monday-Friday  
9am-6pm.. Contact socialclub@hopeincommunity.co.uk

**Lavender Court, Kendray: Memory Lane Event** run by Darren  
from Carers For Kendray. Everyone welcome. 2pm at Croft Road,  
Kendray, S70 3FG



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## WHAT'S ON IN THE CENTRAL AREA?

REOCCURRING DATES:

*Magical Mondays continued*

### Adults

**Warm and Welcome Spaces-** Pollyfox Centre from 10-2. Pollyfox Way, Dodworth, S75 3QR. Warm spaces to relax and meet people. Please contact Dawn for more details: dawngrayton@barnsley.gov.uk

**ELSH: Education, Learning and Support Hub:** 10am-12.15pm: Health Workshop for refugees, asylum seekers and migrants run by Barnsley FC. Please contact to book: info@elshub.org.uk or call 01226 643249. Website: www.elshub.org.uk

**DIAL:** supports disabled people, their families and carers in Barnsley with free confidential info, advice and support: 9am-12pm at Lavender Court, S70 3FG. Please book for an appointment on 01226 240273

**DIAL:** as above at Gilroyd Estates Office, Wharnccliffe, Dodworth, S75 3QA from 1pm-4pm. Book for appointment on 01226 240273

**Sun Health Monday drop-in: 12pm-3pm** at Barnsley YMCA. for anyone who feels lonely or isolated or has mental health issues. Food, tea, coffee, bingo, crafts etc. Carer support every second Monday of each month.



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## WHAT'S ON IN THE CENTRAL AREA?

REOCCURRING DATES:

### *Terrific Tuesdays!*

#### Children and Young People

**Hope in the Community:** Parent and Toddler group 10.30-1.30 at St. Georges Church, York Street, S70 1BD. £1 per child; additional children £0.50. Please contact 07462962292 or [admin@hopeincommunity.co.uk](mailto:admin@hopeincommunity.co.uk)

**YMCA: Youth Unity Project-** youth club activities for children and young people aged 8-14 years @Kendrayand Worsbrough Family Centre: 4.00-5.30 pm term time. Contact: [info@ymcabarnsley.org.uk](mailto:info@ymcabarnsley.org.uk) or 01226 214165

**Exodus Project** 5.30-7.00pm: Town Kidz Club and Worsbrough Common Kidz Club at St. George's Church, York Street  
7.30-9.00pm: Worsbrough Common Rock Solid Club for 11-15's  
Contact for details: [theexodusproject@msn.com](mailto:theexodusproject@msn.com)

**Chilypep BRV REFERRAL ONLY** via Single Point of Access: Lads- grow emotional intelligence, develop resilience and problem solving. Please contact: [marcus.hurcombe@chilypep.org.uk](mailto:marcus.hurcombe@chilypep.org.uk) for details  
9.45-11.00: Under 14's  
12.15--1.4.00: Over 14's

**Barnsley Table Tennis Club Junior Focus:** 4.40-6.00pm at Hope House Church, Blucher Street, S70 1AP. £3 per session.  
Contact : [joe@barnsleytabletennisclub.co.uk](mailto:joe@barnsleytabletennisclub.co.uk)

**Chilypep and IDAS: LGBTQI+** drop in,for 16-25' 3pm-5pm at HOME Barnsley, Young People's Wellbeing Hub, 1 Blucher Street, S70 1AP



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## WHAT'S ON IN THE CENTRAL AREA?

REOCCURRING DATES:

*Terrific Tuesdays!*

**Children and Young People**

**Reds in the Community: Youth Club.** Worsbrough Bridge Miners' Welfare up to age 19- arts and crafts- 4.00-5.30- FREE  
Please contact Gareth to book: [Gareth.Cooke@barnsleyfc.co.uk](mailto:Gareth.Cooke@barnsleyfc.co.uk) or call 01226 211333

**Reds in the Community: Squad Girls.** Indoor Training Centre, S71 1ET from 4-5pm for girls aged 12-14. FREE.  
Please contact Lynn on [Lynn.Goodman@barnsleyfc.co.uk](mailto:Lynn.Goodman@barnsleyfc.co.uk) or call 01226 211333

**Reds in the Community: Premier League Kicks** at 5lves, Kendray, S70 3JR from 6-7pm for those aged 8-28. FREE  
Please contact James on: [James.Cooke@barnsleyfc.co.uk](mailto:James.Cooke@barnsleyfc.co.uk) or call 01226 211333



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## WHAT'S ON IN THE CENTRAL AREA?

REOCCURRING DATES:

*Terrific Tuesdays continued!*

### Adults

**Barnsley Table Tennis Club:** Over 50's Bat and Chat: 9.30-11.30am. £3 per session. Hope House, Blucher Street, S70 1AP.  
Contact: joe@barnsleytabletennisclub.co.uk

**Worsbrough Mill Volunteering:** 9.30am-12.00pm- help look after the country park. Please contact [worsbroughmill@barnsley.gov.uk](mailto:worsbroughmill@barnsley.gov.uk)

**Age UK Men in Sheds,** Queens Road. Contact Tina:: 01226 776820

**Stepping Stones Micro-volunteering Project:** 11.00-2.00pm. Contact Sarah on 07979323152

**Hope House Community Cafe,** Blucher Street: 9.00-2.00pm: quality refreshments at a low cost in a friendly environment!

**Walking Cricket for Older Players:** 10.00-12.00 on 5th July + August and September dates. Shaw Lane Sports Club. Contact 0789 1745633 or [mckechnie31@btinternet.com](mailto:mckechnie31@btinternet.com)

**Age UK at Lavender Court,** Kendray:: Social group with games and guests from 10-11.30. Open to non-residents

**Creative Recovery:** 11.30-2.30pm: Tutor led art studio drop in at Prospect Street.. Contact Hayley on 07885900257

**Tea and Toast Tuesdays at Shaw Lane Sports Club, S70 6HZ:** 9am onwards in the Members' Bar. Get your day off to a good start, come in from the cold and join for chat and a cuppa! £2 or donation



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## WHAT'S ON IN THE CENTRAL AREA?

### REOCCURRING DATES:

### *Terrific Tuesdays continued!*

**Age UK Coffee and Connection:** Warm welcome, meet people, have coffee/tea-  
1pm-3pm at Worsbrough Miners' Welfare.  
Contact 01226 776820

**Refugee, Migrant and Asylum Seekers Men's Group:** 12.00-2.00pm, BCVS  
building, Queens Road. Contact Chrissie on  
[christina.grant@refugeecouncil.org.uk](mailto:christina.grant@refugeecouncil.org.uk)

**Barnsley Men's Shed Woodwork Workshops: December 11th** for men who  
want to replicate the shed at the bottom of their garden but with coffee, tea, and  
friends to chat and laugh with. Supervised learning around working with wood.  
11.00-4.00pm at The Depot, Worsbrough Dale Community Park, S70 4SB.  
Contact Philip at: [philip@inclusioninaction.org](mailto:philip@inclusioninaction.org)

**Beacon South Yorkshire: Caring for Carers** giving physical and emotional  
support. Coffee morning for carers. 3rd Tuesday of the month. 18 Doncaster  
Road, S70 1TH. Call 01226 814012 for details

**Reds in the Community: Men Unite: football from men from refugee or  
asylum communities: 1-2 pm:** . Indoor Training Centre, S71 1ET  
Please contact : [Lynn.Goodman@barnsleyfc.co.uk](mailto:Lynn.Goodman@barnsleyfc.co.uk) or call 01226 211333

**Reds in the Community:** 7pm-8pm Tuesday Night Football at 5IVES., S70 3JR.  
FREE. 5 a side football for men over 35.P lease contact Gareth :  
[gareth.cooke@barnsleyfc.co.uk](mailto:gareth.cooke@barnsleyfc.co.uk) or call 01226 211333

**ELSH: English My Way and Learn English Beginners Conversation:** 10-12.15  
at ELSH Warren Quarry Lane, Please contact 01226 643249 or  
[info@elshub.org.uk](mailto:info@elshub.org.uk)

**Age UK Men in Sheds: 10.00-3.30pm-** Queens Road. Contact Tina on 01226  
77682



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## WHAT'S ON IN THE CENTRAL AREA?

REOCCURRING DATES:

### *Terrific Tuesdays continued!*

**Reds in the Community: Chairobics** at Worsbrough Common Community Centre from 10.30-11.30. £2  
Please contact; Gareth: [Gareth.Cooke@barnsleyfc.co.uk](mailto:Gareth.Cooke@barnsleyfc.co.uk) Or call 01226 211333

**Reds in the Community Gardening Activity** from 10-12 at Swanee Road Allotment. All welcome.  
Please contact Gareth:  
[Gareth.Cooke@barnsleyfc.co.uk](mailto:Gareth.Cooke@barnsleyfc.co.uk) or call 01226 211333

**Reds in the Community Exercise Class:** Indoor Training Centre, S71 1ET. 16+ mixed group from 8-9pm  
Please contact Sean:  
[sean.margison@barnsleyfc.co.uk](mailto:sean.margison@barnsleyfc.co.uk) or call 01226 211333



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## WHAT'S ON IN THE CENTRAL AREA?

RECURRING DATES:

### Winning Wednesdays! Children and Young People

**YMCA: Y Stay In? Youth Club** activities for young people aged 13-19 at YMCA Barnsley 5.30pm-7.30pm term time. Contact [info@ymcabarnsley.org.uk](mailto:info@ymcabarnsley.org.uk)

**Chillypep: Wellbeing Wednesday** drop in for 16-25's.. H.O.M.E Wellbeing Hub from 11am-1pm, YMCA, Blucher Street, S70 1AP

**Red in the Community: Youth Club** at the Lew Whitehead Cent, Ward Green for children/young people up to age 19. 3.30-5.30. Please contact Gareth: [Gareth.Cooke@barnsleyfc.co.uk](mailto:Gareth.Cooke@barnsleyfc.co.uk)

### Adults

**Worsbrough Mill Volunteering: 9.30am-12.00pm-** help look after the country park. Please contact: [worsbroughmill@barnsley.gov.uk](mailto:worsbroughmill@barnsley.gov.uk)

**Refugee, Migrant and Asylum Seekers Women's Group:** Contact Chrissie for details: [Christina.grant@refugeecouncil.org.uk](mailto:Christina.grant@refugeecouncil.org.uk). See Events page for January event

**Multi-Agency Drop in for Barnsley's Migrant Community.** Information, advice and support. 12.30-2.30pm at Hope House, Blucher Street. Contact or info: [migrationpartnershipbarnsley@gmail.com](mailto:migrationpartnershipbarnsley@gmail.com) for info or What's App: 0775 9739113

**Conversation for Health Class for those new to the UK:** 12.30-2.30pm. BCVS building, 23 Queens Road, S71 1AN. Contact Claire to book- [claire.langley@refugeecouncil.org.uk](mailto:claire.langley@refugeecouncil.org.uk)

**Coffee, Cake and Confidence: Spark Your Imagination.** Starts 25th January for 5 weeks: discover more about who you are and how you can make a difference. 10-12 at YMCA. Please contact Sarah on 07979323152



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## WHAT'S ON IN THE CENTRAL AREA?

REOCCURRING DATES:

### Winning Wednesdays continued!

**Coffee and Craft at the Pavilion in Worsbrough** for women aged 18+. 11.00-2.00pm. Contact Michelle for details: [michelletoone@barnsley.gov.uk](mailto:michelletoone@barnsley.gov.uk)

**Worsbrough Community Pantry:: 11.30am-1.30pm.** Please contact Michelle at [michelletoone@barnsley.gov.uk](mailto:michelletoone@barnsley.gov.uk)

**Hope House Community Cafe, Blucher Street:** 9.00-2.00pm: quality refreshments at a low cost in a friendly environment!

**Age UK: Men in Sheds,** Queens Road. Contact Tina on 01226 776820

**She Shed Association Worsbrough** for women who want a 'me' space to share coffee, tea, chat and laugh whilst making beautiful objects from wood: 11am-2pm at The Depot, Worsbrough Community Park, High Street, S70 4SB  
Contact Sandra for details on: [sandra@inclusioninaction.org](mailto:sandra@inclusioninaction.org)

**Shaw Lane Foundation: Healthy Bones Exercise class** for older people.  
Contact Fiona to book: 07341 265319

**Creative Recovery and Lightbox Library:** reading Together favourite texts, poetry, scripts. Contact Hayley on 07885900257

**Creative Recovery: Live Arts Cafe** at Digital Media Centre. 5.30pm-8.00pm.  
Please call 07833936109 before attending

**Reds in the Community: Team Talk** 6.00-7.30pm. Oakwell Stadium.. Football, pool, table tennis, chat  
Contact: [gareth.cooke@barnsleyfc.co.uk](mailto:gareth.cooke@barnsleyfc.co.uk)



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## WHAT'S ON IN THE CENTRAL AREA?

### RECURRING DATES:

### Winning Wednesdays continued!

**Thriving Communities MIND: Women's Group** 11-12.30. Contact for details and to book:  
Audra@rbmind.co.uk

**Hope in the Community:** Social Club to support individuals who are lonely, isolated, living with mental ill health or learning disabilities. Cares' Garden (behind Metrodome) from 10am-2pm.

Please contact [admin@hopeinthecommunity.org.uk](mailto:admin@hopeinthecommunity.org.uk) for details

**Beacon South Yorkshire-** Support for carers including drop-in sessions 11.00-1.00 and therapies by appointment for small donation, e.g. massage. 18 Doncaster Road, S70 1TH. Contact Kerry for info: 01226 814012

**DIAL:** supports disabled people, their families and carers in Barnsley with free confidential info, advice and support: 9-12 at Lavender Court, S70 3FG. from 9am-12pm. Please book for an appointment on 01226 240273

**DIAL:** as above from 1pm-4pm at Worsbrough Common Community Centre, S70 5ND. Please book on 01226 240273

**Barnsley Gals Women's Walking Football for women 35+.** Beginners/ experienced welcome. 7.00pm-8.00pm at Shaw Lane Sports Club. Recommended donation: £1 per session. Contact for info and to book: [f.hall@shawlane.com](mailto:f.hall@shawlane.com) or 07341 265319

**Age UK: Kate's Sandwich Bar:** Aldham Crescent: Drop in for Over 50's with bingo! 1pm-2pm. Contact: 01226 776820



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## WHAT'S ON IN THE CENTRAL AREA?

RECURRING DATES:

### Winning Wednesdays continued!

**Inclusive Reds: Disability Board games, quizzes, and worksheets** from 10.-11.30am at Oakwell Disability Shed: for those aged 16 +  
Please contact Lynn: [Lynn.Goodman@barnsleyfc.co.uk](mailto:Lynn.Goodman@barnsleyfc.co.uk) or 01226 211333

**Reds in the Community: Chairbics at Malpas Court**, Worsbrough Dale, S70 4QG from 11.30-12.15. FREE. Please contact Gareth:  
[Gareth.Cooke@barnsleyfc.co.uk](mailto:Gareth.Cooke@barnsleyfc.co.uk) or 01226 211333

**Reds in the Community: Walking Football** from 12-1pm at Indoor Training Centre, S71 1ET. Cost £3. Please contact Sean: [sean.margison@barnsleyfc.co.uk](mailto:sean.margison@barnsleyfc.co.uk)  
or 01226 211333

**Inclusive Reds: Disability Physical Activities** from 1.45-2.45 pm at the Indoor Training Centre, S71 1ET. Please contact Lynn:  
[Lynn.Goodman@barnsleyfc.co.uk](mailto:Lynn.Goodman@barnsleyfc.co.uk) or 01226 211333

**Team Talk: Reds In the Community:** Men's low level mental health group from 6.00-7.30pm. FREE. Please contact Sean: [sean.margison@barnsleyfc.co.uk](mailto:sean.margison@barnsleyfc.co.uk)  
or 01226 211333

**Women's Walking Football-** Shaw Lane Sports Club from 7-8. Please contact. Cost £1. Please contact Gareth: [Gareth.Cooke@barnsleyfc.co.uk](mailto:Gareth.Cooke@barnsleyfc.co.uk)

**Reds Connect: Sporting Memories at Indoor Training Centre , S71 1ET, 2.00-3.30.** FREE. Please contact Sean: [Sean.Margison@barnsleyfc.co.uk](mailto:Sean.Margison@barnsleyfc.co.uk) or 01226 211333

**3 C's Coffee, Cake and Chat 2-4pm at Wesleyan Reform Church**, Keresforth Road, Dodworth. Drop in for food, friends and fun



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## WHAT'S ON IN THE CENTRAL AREA?

REOCCURRING DATES:

### Thrilling Thursdays!

#### Children and Young People

**Barnsley Table Tennis Club Junior Focus:** 4.30-6pm.

Contact: [joe@barnsleytabletennisclub.co.uk](mailto:joe@barnsleytabletennisclub.co.uk)

**YMCA: Little Y:** play activities for children aged 5-8 at YMCA Barnsley: 5.00pm-6.00pm term time. Please contact: [info@ymcabarnsley.org.uk](mailto:info@ymcabarnsley.org.uk)

**YMCA Unity Project Juniors-** youth club for children aged 8-14 years at YMCA Barnsley: 6.30pm-8.30pm term time. Please contact: [info@ymcabarnsley.org.uk](mailto:info@ymcabarnsley.org.uk)

**YMCA: Detached youth work** for young people in Dodworth and Gilroyd: 5.30-7.30pm

**H.O.M.E Wellbeing Hub for Young People: Young Commissioners' Group**  
(closed group but contact if interested for the future)

**Reds in the Community: Youth Club- arts and crafts-** for those up to 19 from 3.30-5.30. FREE. Worsbrough Community Centre, Warren Quarry Lane. Please contact Gareth: [Gareth.Cooke@barnsleyfc.co.uk](mailto:Gareth.Cooke@barnsleyfc.co.uk) or 01226 211333 from 7-8pm

**Reds in the Community Premier League Kicks** at 5FIVES . 8-18 year olds from 6-7pm and 12-18 year olds from 7-8pm. Please contact James: [James.Cooke@barnsleyfc.co.uk](mailto:James.Cooke@barnsleyfc.co.uk) or 01226 211333



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## WHAT'S ON IN THE CENTRAL AREA?

REOCCURRING DATES:

### Thrilling Thursdays continued! Adults

**Hope Connects Little Chimps Family Support: 9.30-11.00 am.** Please contact Rachel at:  
rachel@hopeconnects.org.uk for info.

**Age UK: Crown green bowling for over 50's at Shaw Lane Sports Club -**  
10.30-11.30. £1 per person  
Contact: 01226 776820

**Butterflies: 11.00:** for those with dementia and their families- Thursday Friendship Walk. Meet at Locke Park at Locke Park car park. Contact Julie for details on::  
07545 815513

**Hope House Community Cafe,** Blucher Street: 9.00-2.00pm: quality refreshments at a low cost in a friendly environment!

**Shaw Lane Foundation: Outdoor Activities Social Green Prescribing** for Better Mental health.  
Contact Fiona: 07341 265319

**Butterflies: 1pm-4pm:** Support and Activity afternoon at the Learning Lab, Barnsley Museum. Please contact Julie on 07545 81551

**Shaw Lane Foundation: Social activities drop-in** for older people. 1pm-3pm at Shaw Lane Sports Club. First session free, then £2 per person. Contact Fiona to book: 07341 265319 or f.hall@shawlane.com

**Thriving Communities Men's Group (MIND).**  
Contact: Audra@rbmind.co.uk



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# January 2023

## WHAT'S ON IN THE CENTRAL AREA?

REOCCURRING DATES:

### Thrilling Thursdays continued!

**Barnsley Creative Mothers at the Cooper Gallery** from Thursday 1st September and every 1st Thursday of the month.: 10.00am-11.30am. For creative mums trying to balance motherhood and practice. Listen and share, vent and feel valued. Free, children welcome of any age. No need to book. Facebook page: BarnsleyCreativeMothers

**Sketchbook Circle at the Cooper Gallery:** first Thursday of the month.- enjoy the meditative nature of drawing and support wellbeing in the company of others, 1.00-2.30 pm, FREE. No need to book

**Refugee Council: English Conversation Class** 12.30-2pm at Refugee Council Office, Queens Road

**ELSH ( Education, Learning and Support Hub):** English My Way, Help with Maths and Learn English Beginners conversations for refugees, asylum seekers and migrants all at 10-12.15 at ELSH, Warren Quarry Lane. Please contact 01226 643249 or info@elhub.org.uk

**Making Space: Coffee and Chat for unpaid carers:** fortnightly from 10.30-12.30 . at Priory Campus.. Please contact Anna: on 07970 225121 or email: anna.barrett@makingspace.co.uk for November dates

**Making Space: Winter Warmers Project for unpaid carers.** Knitting and crochet. 1st Thursday of the month now at Priory Campus. Contact 01226 288 772 for details

**Healthy Bones Class for over 50's:** Shaw Lane Sports Club from 3-5pm. £2 which includes free entry to Social drop in from 1pm- 3pm. Please contact to book.: Bronya: 07895 380615 or Fiona 07341 265319



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# January 2023

## WHAT'S ON IN THE CENTRAL AREA?

REOCCURRING DATES:

### Thrilling Thursdays continued

**Age UK Men in Sheds:** 10.00-3.30pm- Queens Road, Contact Tina on 01226 776820

**Dementia Cafe- Alzheimer's Society:** Info and advice in a relaxed setting for people affected by dementia in Barnsley. Last Thursday of the month at The Baptist Church, Union Street, S70 1JJ. Please contact before attending: 01226 296301

**Strolling Reds walking Group** from 12-12. FREE. Please contact Sean: Sean.Margison@barnsleyfc.co.uk

**Employability Course from 10-2 at Shaw Lane Sports Club.** FREE. Please contact Gareth: gareth.Cooke@barnsleyfc.co.uk or 01226 211333

**Sporting Memories from 1-2.30pm at Ward Green Church-** porting memories and reminiscience . FREE. Please contact Gareth: Gareth.Cooke@barnsleyfc.co.uk

**Reds in the Community: Men's Mental Health Football from 1-3pm** at Indoor Training Centre, S71 1ET for men aged 16+. FREE



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# January 2023

## WHAT'S ON IN THE CENTRAL AREA?

REOCCURRING DATES:

### Thrilling Thursdays continued

**Circuit Training** at The Lew Whitehead centre, Ward Green from 6-7pm.  
FREE. Please contact Gareth: Gareth.Cooke@barnsleyfc.co.uk or 01226 211333

**Team Talk- Reds in the Community.** Worsbrough Bridge Miners' Welfare from 5.30-7.30pm. FREE. Please contact Gareth: Gareth.Cooke@barnsleyfc.co.uk or 01226 211333

**Fit Reds VETS: Reds in the Community** at Indoor Training Centre from 8.30-10pm. Men's football and fitness session. £5. Please contact Sean: Sean.Margison@barnsleyfc.co.uk or 01226 211333  
Barnsley Table Tennis Club Bat and Chat for over 50's at Hope House Church, Blucher Street, S70 1AP.  
Contact: Joe@barnsleytabletennis.co.uk

**Age UK: Men in Sheds,** Queens Road.. Contact Tina on 01226 776820

**The Uplift Choir from 2-4pm** at St. Paul's Church off Greenfoot Lane- a cheery group of folk who sing for wellbeing

**Stitches- Introduction to Embroidery** 10-12.30 for 18+ at Worsbrough Library. Please check out Barnsley Libraries at :  
[barnsley.gov.uk/services/libraries/activities-and-events](http://barnsley.gov.uk/services/libraries/activities-and-events)

**Coffee and Companions: social group** for over 50's from 10.30-12pm at Experience Barnsley. All welcome for a friendly chat, a cuppa and a cake. For more info and to book, please call Age UK on 01226 776820



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# January 2023

## WHAT'S ON IN THE CENTRAL AREA?

REOCCURRING DATES:

### Fun Fridays!

#### Children and Young People

**Hope Connects Cheeky Monkeys: Parents and Toddler group:** 10am-12pm Hope House Church, Blucher Street, S70 1AP

**Hope in the Community:** : Babies and Toddler group 10.30-1.30 at St. George's Church, York Street, S70 1BD. £1 first child. 50p per additional child. Includes refreshments. Please contact: 07462962292 or admin@hiopeincommunity.co.uk

**Mini-Kickers- Reds in the Community- for 2-4 years old from 4-4.30pm** at Indoor Training Centre, S71 1ET. £2 per session. Please contact: Jack: Jack.cadman@barnsleyfc.co.uk or 01226 211333

**Friday Coaching Club- Football Coaching** Reds in the Community- at Indoor Training Centre, S71 1ET. for 5-14 years old. £3 per session. Please contact Jack: Jack.Cadman@barnsleyfc.co.uk or 01226 211333

**Wildcats Girls' Football- Age 5-14's.** Reds in the Community- at Indoor Training Centre, S71 1ET. from 4.30-5.30 £3 per session. Please contact Lynn: Lynn.Goodman@barnsleyfc.co.uk

**Chillypep: Feel Good Fridays alternate weeks: 4pm-6pm.** for 11-16's and 17-25's.- alternate weeks. Take part in wellbeing activities, meet other young people an staff and find a safe, creative wellbeing space. HOME Barnsley, Young People's Wellbeing Hub, 1 Blucher Street. S70 1AP.

**YMCA Unity Project-** St.John's youth club for children and young people aged 8-14 years at St. John's Church Dodworth from 5pm-7pm

Please contact info@ymcabarnsley.org.uk

**Barnsley Table Tennis Club Junior Focus:** 4pm-6pm.  
Contact: Joe@ barnsleytabletennisclub.co.uk



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# January 2023

## WHAT'S ON IN THE CENTRAL AREA?

REOCCURRING DATES:

### Fun Fridays continued!

#### Adults

**Coffee and Conversation:1.00-3.00pm** at Worsbrough Sports Development Association for over 50's.

**Beacon South Yorkshire: Tai Chi** for 10 weeks starting Friday 6th January for those who are unpaid carers. Please contact: 01226 814012 or [info@beaconsy.org.uk](mailto:info@beaconsy.org.uk)

**FREE Community drop- in** at Barnsley YMCA from 12.00pm-3.00pm (run by Sun Healthcare) for anyone, especially people who are lonely or with mental health needs. Bingo, quiz, pool, refreshments. Hot lunchtime meal if wanted ( £4.50).

**Butterflies:1.00pm-3.30pm: Music Afternoon:** East Dene Club. Please contact Julie for details: 07545 815513

**ELSH ( Education, Learning and Support Hub):** English My Way for refugees, asylum seekers ad migrants from 10.15-12.15pm. Please contact: 01226 643249

**Litter and Laughter at Kings Fried Chicken,** Kendray from 9.30-11.30- litter pick walk and free food at Kings Fried Chicken. Contact Gareth: [Gareth.Cooke@barnsleyfc.co.uk](mailto:Gareth.Cooke@barnsleyfc.co.uk) or 01226 211333

**Turbo Tykes Spinning Class** at Honeywell Sports campus from 10-11am. Cost £3. Please contact Sean: [Sean.margison@barnsleyfc.co.uk](mailto:Sean.margison@barnsleyfc.co.uk) or 01226 211333

**Reds Connect Walking Group-1-3pm.** FREE. Please contact Sean: [Sean.Margison@barnsleyfc.co.uk](mailto:Sean.Margison@barnsleyfc.co.uk) or 01226 211333

**Yorkshire Inclusive Football at Shaw Lae Sports Club from 1.30-2.30.** Football for anyone. £2. Please contact [Gareth.Cooke@barnsleyfc.co.uk](mailto:Gareth.Cooke@barnsleyfc.co.uk) Or 01226 211333



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# January 2023

## WHAT'S ON IN THE CENTRAL AREA?

### REOCCURRING DATES:

#### Fun Fridays continued!

**DIAL:** supports disabled people, their families and carers in Barnsley with free confidential info, advice and support: 1st and 3rd Friday of the month at Elm Court, Worsbrough Bridge. Please book for an appointment on 01226 240273

**Age UK: Friday Coffee Club** at Tesco, Stairfoot- coffee and a char from 10am-12pm

**Reds in the Community/ Game Changers:** inclusive football sessions 1.30-2.30pm at The Astroturf, Shaw Lane for those 16+ with a learning disability or additional needs. £2 per session. Please contact: Gareth on 07519 637064 or [gareth.cooke@barnsleyfc.co.uk](mailto:gareth.cooke@barnsleyfc.co.uk)

**Friday Jam at Creative Recovery** Friday night social for music makers and music lovers. Whether you play an instrument, want to learn or write a song or simply want to come along. 5pm-7.30pm  
Please contact: 07916 282064 or [participate@creativerecovery.co.uk](mailto:participate@creativerecovery.co.uk) or message on Facebook to register for core programme before attending

**Thriving Communities: Ladies Group** from 12.30 - 2.00pm  
Worsbrough venues, Please contact :[contactus@rbmind.co.uk](mailto:contactus@rbmind.co.uk) or 01226 211188



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# January 2023

## WHAT'S ON IN THE CENTRAL AREA?

REOCCURRING DATES:

### Sizzling Saturdays!

#### Children and Young People

**Barnsley Table Tennis Club Junior Focus:** 9.00-10.30 at Hope House Church, S70 6NE

Contact: [Joe@barnsleytabletennisclub.co.uk](mailto:Joe@barnsleytabletennisclub.co.uk)

**H.O.M.E Young People's Wellbeing Hub: Slow Down Saturday.** Ages 11-15: 10am-11am and ages 16-25: 11.30-12.30

**Reds in the Community: Saturday Coaching Club** at Indoor Training Centre, S71 1ET (REDS) from 10.30-12.30 for 5-14 years old. £6 per session. Please contact Jack: [Jack.Cadman@barnsleyfc.co.uk](mailto:Jack.Cadman@barnsleyfc.co.uk)

**Saturday match Day Club for 5-14's** at Indoor Training Centre, S71 1ET from 10.30-5. £15 home fixtures

#### Adults

**Gardening Activity:** Swanee Road Allotment from 10-12. Everyone welcome. Please contact Gareth: [Gareth.Cooke@barnsleyfc.co.uk](mailto:Gareth.Cooke@barnsleyfc.co.uk)



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# January 2023

## WHAT'S ON IN THE CENTRAL AREA?

REOCCURRING DATES:

### Splendid Sundays!

**The Barnsley She Shedder Creative Minds Workshop:** ' 11am-1pm at Shedders Studio. Worsbrough Mill  
'Promoting the wellbeing of individuals and communities'. Please contact Sandra: [sandra@inclusioninaction.org](mailto:sandra@inclusioninaction.org)



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## WHAT'S ON IN THE CENTRAL AREA?

EXTRA INFO!

### Courses and other opportunities/support

**ELSH ( Education, Learning and Support Hub):** Pre-Entry, Entry Levels 1,2,and 3- teaching ESOL, English, Maths, ICT, Conversation, Life Skills, Art and Wellbeing- all free of charge. Please contact:  
01226 643249 or 07504 542980 for further info

**Northern College courses:** a range of courses in Community and Social Action, Digital, English, Maths, peer mentoring, business , adult social care and so much more: visit website for further details: [www.northern.ac.uk](http://www.northern.ac.uk) or contact 01226 776000

**Adult Skills and Community Learning:** a range of courses in Maths, English, IT , creative wellbeing, ESOL and so much more. Check out website: [barnsley.gov.uk/services/adult-skills-and-community-learning](http://barnsley.gov.uk/services/adult-skills-and-community-learning)

**Oakwell Training:** Independent training room delivering and hosting a wide range of accreditations and qualifications. Curiosity/hobby-based training, for example, cake decorating, flower arranging, practical skills and so much more!

Contact Sean on 07723 003634 Or [info@oakwelltraining.co.uk](mailto:info@oakwelltraining.co.uk) or visit Oakwell Training Facebook page

### Empower Confidence course by Endorphins

Please contact Katie to find out more!Contact: [katie@endorphins.uk](mailto:katie@endorphins.uk)

**Forest Families:** helping you and your family to understand the real benefits of working together whilst developing forest skills and spending quality time outdoors. Please contact: 01226 776000 or email: [courses@northern.ac.uk](mailto:courses@northern.ac.uk) to find out details of the next course



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## WHAT'S ON IN THE CENTRAL AREA?

EXTRA INFO!

### Courses and other opportunities/support

**Green Connections:** boost your wellbeing by getting together for gentle walking, green arts and crafts, connecting to others and sharing skills. Please contact Jeff for details. **Text: 07934 453151 or [jeff.platts@dialbarnsley.org.uk](mailto:jeff.platts@dialbarnsley.org.uk)**

**Green Wellbeing projects run by Creative Recovery-**please contact for further info:  
[wearecreativerecovery@gmail.com](mailto:wearecreativerecovery@gmail.com)

**Working Win:** supports people with a health condition to find and stay in employment. Free support. Please contact 0114 2900 218 or complete referral form on website:

**[workingwinreferrals.co.uk](http://workingwinreferrals.co.uk)**

**One Step Closer:** support in getting one step closer to employment, training, education, volunteering or anything else- 1-1. Meet in a coffee shop or library or other public place- we buy coffee. Please contact Michelle:  
[Michellemoxon@barnsley.gov.uk](mailto:Michellemoxon@barnsley.gov.uk)

**South Yorkshire Stroke Survivor and Carer Panel:** for those who have survived a stroke or are a carer for someone who has survived a stroke. A panel to help make services equal for all

Please contact 0114 271330 or [sthsybisdh@nhs.net](mailto:sthsybisdh@nhs.net)

**Doing Good Business: Sheffield Futures:** supporting people looking for work, education or training

Please contact Helen on 0114 2012800

**Get FREE help to stop smoking for good: Yorkshire Smokefree service** Video call, online, face to face, phone or group sessions: please call 0800 612 0011 (free from most landlines) or 0330 660 1166 ( free from most mobiles)



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## WHAT'S ON IN THE CENTRAL AREA?

EXTRA INFO!

### Courses and other opportunities/support

**Resolute: Womens' Support Group.** Women supporting each other with issues around domestic abuse, mental health, alcohol and substance misuse. Contact Debbie on 07939287367

**D'Clutter Club:** come along if you are struggling with too much stuff, if you're finding it hard to cope and it's affecting your life. FREE and open to friends, family and supporters. No need to book- Maltas Court Community Centre, Worsbrough Dale, S70 4QG. For more info about November dates please contact 07786 525988

**Green Uplift:** Free programme of special days in green spaces, designed by artists for you. Includes camp fire gigs, poetry strolls, sketching picnics, forest crafts, nature art, allotment socials plus much more! Sign up by texting/calling 07916282064 or email: [participate@creativerecovery.co.uk](mailto:participate@creativerecovery.co.uk)

**Barnsley Support Hub:** Free mental health support for those aged 18+ in a safe and comfortable environment- opposite Holland and Barrett- in person or virtual support. Please contact 07855 971 634 for further details or [Barnsleysupporthub.mhm@nhs.net](mailto:Barnsleysupporthub.mhm@nhs.net)

**Hope in the Community Listening Service:** contact 07462 962292 for details or [admin@hopeincommunity.co.uk](mailto:admin@hopeincommunity.co.uk)

**Barnsley Community Connects Service:** service which aims to promote emotional wellbeing and physical health to those aged 18+ is looking for volunteers to develop positive peer relationships. Please contact Lesley for more info: [LesleyB@familylives.org.uk](mailto:LesleyB@familylives.org.uk) or call 07971 255308

**Creative Recovery: Things To Live For:** creative, therapeutic interventions for people needing extra support. Please contact: [wearecreativerecovery@gmail.com](mailto:wearecreativerecovery@gmail.com)



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